Year 7 – Life Studies Overview

Mental Health	• Self-esteem and success • Bullying • What is mental health? • Resilience • **Assessment** - mind maps
Relationships and Sex Education	• Puberty and emotional changes • Understanding periods • Healthy relationships • Personal safety • Understanding marriage • **Assessment** - flash cards
Careers	• Dragons den competition • Designing an app • Branding and PowerPoint planning • How to give a good presentation • Getting feedback • **Assessment** - presenting your app
Money Manaement	• Wants vs needs • Managing money • How is our money spent?
E-Safety	• Healthy relationships online • Block, report, delete • Privacy settings • Sharing information online • **Assessment** - E-Safety handbook